

**BOULDER TRACK SERIES  
MEET 1 - SUNDAY - 4/14  
EVENT GUIDELINES**

**WHERE**

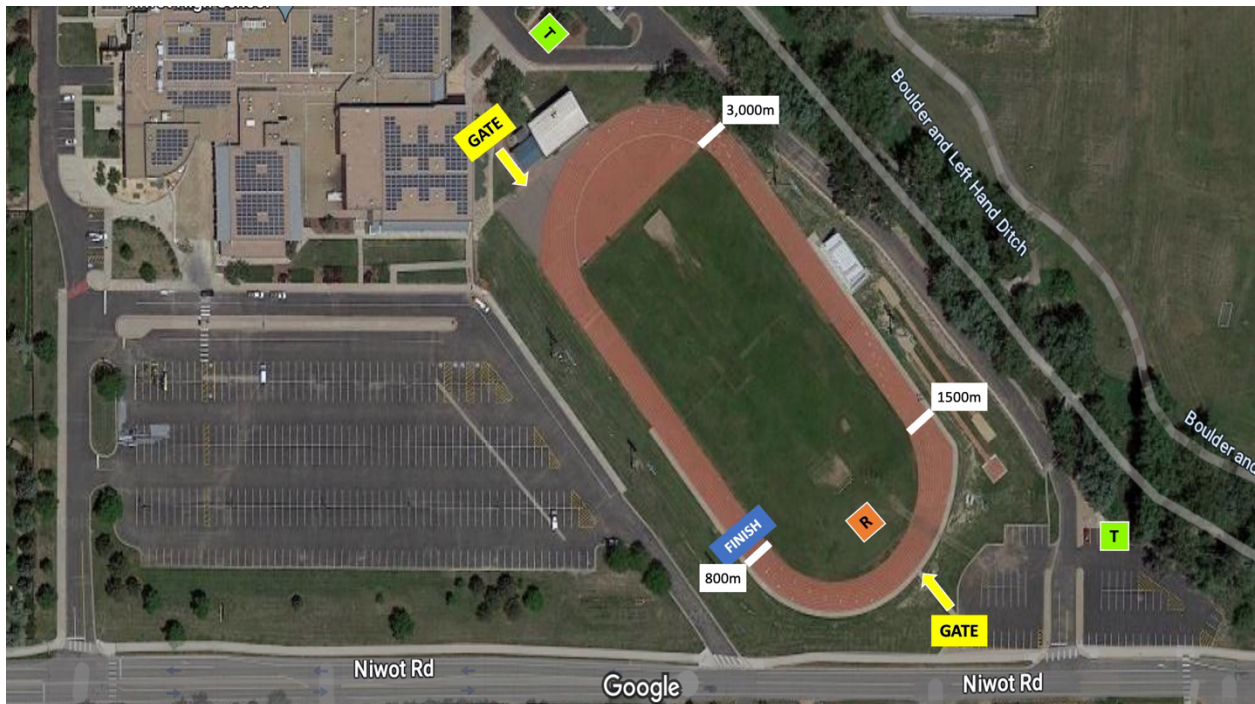
Niwot High School  
8989 Niwot Rd,  
Niwot, CO 80503

**CAR PARKING**

Car parking is available in front of the school (above the track), and below the track.

**TIME**

9:00AM - 11:45AM



**CHECK IN**

- You are required to check in at the “Troop Events Athlete Management” Registration tent near the finish line on the track (The orange square with “R” on the map), **5 - 10 MINUTES** before your scheduled race start time to receive your race hip and chest number.
- Runners in each heat, will then walk over to the start line of the race distance entered. The race start line for the 800m, 1500m and 3,000m are shown on the above map.

**RACE FINISH**

- When you finish your race, please vacate off the track immediately.

**TIMING**

All races will be electronically timed (F.A.T)

**RESULTS**

Results will be posted on-line after each race. Results can be found - [HERE](#).

**HYDRATION**

All participants are responsible for their own water/ hydration needs.

**CLOTHING**

Please make sure you have adequate attire for the event. The weather forecast is currently predicated with a low of 48F and a high of 75F.

**SPECTATORS**

All spectators must stay off the in-field and away from the start/ finish lines areas.

**NO ANIMALS ALLOWED**

There are **NO** dogs permitted at the track.

**BAD WEATHER**

In the unlikely event that we have bad weather such as lightning, a decision will be made whether the event will be delayed or stopped. Your safety is paramount, and the weather can turn bad very quickly!

**TOILETS**

There are 2 portable toilets, and they are highlighted on the map (Page 1) with the green square with "T".

**FIRST AID**

Chris Wentz from Event Medical Specialists, LLC will be on-site as our EMT and to provide our First Aid and Medical.

**VOLUNTEERS**

Please show your appreciation by being courteous at all times and listen to all announcements that they are making.

**SCHEDULE OF EVENTS**

<b>800M</b>	<b>HEAT 1</b>	<b>9:00AM</b>
	<b>HEAT 2</b>	<b>9:08AM</b>
	<b>HEAT 3</b>	<b>9:16AM</b>
	<b>HEAT 4</b>	<b>9:24AM</b>
	<b>HEAT 5</b>	<b>9:32AM</b>
	<b>HEAT 6</b>	<b>9:38AM</b>
	<b>HEAT 7</b>	<b>9:43AM</b>
	<b>HEAT 8</b>	<b>9:48AM</b>
	<b>HEAT 9</b>	<b>9:53AM</b>
	<b>HEAT 10</b>	<b>9:58AM</b>
<b>1500M</b>	<b>HEAT 1</b>	<b>10:05AM</b>
	<b>HEAT 2</b>	<b>10:20AM</b>
	<b>HEAT 3</b>	<b>10:32AM</b>
	<b>HEAT 4</b>	<b>10:42AM</b>
	<b>HEAT 5</b>	<b>10:52AM</b>
	<b>HEAT 6</b>	<b>11:00AM</b>
<b>3000M</b>	<b>HEAT 1</b>	<b>11:10AM</b>
	<b>HEAT 2</b>	<b>11:30AM</b>

- A race may fall behind schedule, **BUT** it will never start ahead of schedule.

**START LIST**

Start list for all races can be found - [HERE](#).

If you have any questions or concerns, please don't hesitate to contact me.

Lee Troop

Race Director

Ph: 720-532-5549 OR email: [lee@teamboco.com](mailto:lee@teamboco.com)