# BOULDER TRACK SERIES MEET 2 - SUNDAY - 4/28

## **EVENT GUIDELINES**

#### WHERE

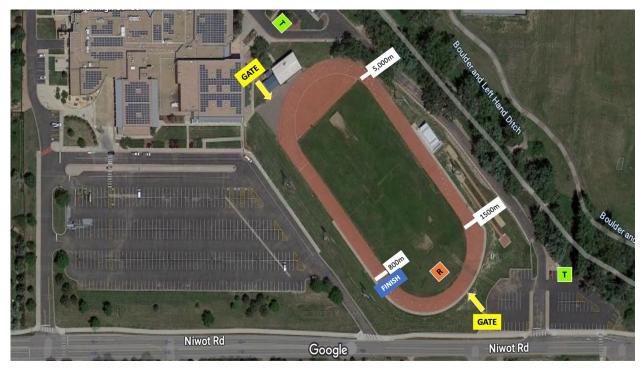
Niwot High School 8989 Niwot Rd, Niwot, CO 80503

#### **CAR PARKING**

Car parking is available in front of the school (above the track), and below the track.

#### TIME

9:00AM - 1:00PM



#### CHECK IN

- You are required to check in at the "Troop Events Athlete Management" Registration tent near the finish line on the track (The orange square with "R" on the map), 5 - 10 MINUTES before your scheduled race start time to receive your race hip and chest number.
- Runners in each heat, will then walk over to the start line of the race distance entered. The race start line for the 800m, 1500m and 5,000m are shown on the above map.

### **RACE FINISH**

When you finish your race, please vacate off the track immediately.

#### TIMING

All races will be electronically timed (F.A.T)

### RESULTS

Results will be posted on-line after each race. Results can be found - HERE.

### HYDRATION

All participants are responsible for their own water/ hydration needs.

#### CLOTHING

Please make sure you have adequate attire for the event. The weather forecast is currently predicated with a low of 36F and a high of 58F.

#### SPECTATORS

All spectators must stay off the in-field and away from the start/ finish lines areas.

#### NO ANIMALS ALLOWED

There are **NO** dogs permitted at the track.

#### **BAD WEATHER**

In the unlikely event that we have bad weather such as lighting, a decision will be made whether the event will be delayed or stopped. Your safety is paramount, and the weather can turn bad very quickly!

#### TOILETS

There are 2 portable toilets, and they are highlighted on the map (Page 1) with the green square with "T".

#### **FIRST AID**

Chris Wentz from Event Medical Specialists, LLC will be on-site as our EMT and to provide our First Aid and Medical.

#### VOLUNTEERS

Please show your appreciation by being courteous at all times and listen to all announcements that they are making.

#### SCHEDULE OF EVENTS

800M	HEAT 1	9:00AM
	HEAT 2	9:08AM
	HEAT 3	9:16AM
	HEAT 4	9:24AM
	HEAT 5	9:32AM
	HEAT 6	9:40AM
	HEAT 7	9:46AM
	HEAT 8	9:52AM
	HEAT 9	9:58AM
	HEAT 10	10:04AM
	HEAT 11	10:09AM
	HEAT 12	10:14AM
	HEAT 13	10:19AM
	HEAT 14	10:24AM
	HEAT 15	10:29AM
	HEAT 16	10:34AM
1500M	HEAT 1	10:40AM
	HEAT 2	10:55AM
	HEAT 3	11:05AM
	HEAT 4	11:14AM
	HEAT 5	11:22AM
	HEAT 6	11:30AM
	HEAT 7	11:38AM
	HEAT 8	11:45AM
	HEAT 9	11:52AM
	HEAT 10	11:59AM

5000M	HEAT 1	12:10PM
	HEAT 2	12:40PM

• A race may fall behind schedule, **BUT** it will never start ahead of schedule.

## START LIST

Start list for all races can be found - HERE.

If you have any questions or concerns, please don't hesitate to contact me.

Lee Troop Race Director Ph: 720-532-5549 OR email: <u>lee@teamboco.com</u>