

BOULDER TRACK SERIES – SUNDAY, 4/28
NIWOT HIGH SCHOOL
FINAL HEAT SHEET & TIMETABLE

800M

9:00AM HEAT 1

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Sophia	Rodriguez Galicia	F	2	T.E.A.M Boulder	
Beau	Benim	M	5	Mountain Lions	
Norris	Betts	M	6	Mountain Lions	
Luna	Cerny	F	6	Mountain Lions	
Cassidy	Colwyn	F	6	Mountain Lions	
Palmer	Cornett	F	6	Mountain Lions	
Finn	Gimpel	M	6	Mountain Lions	
Amelie	Hamet	F	6	Unattached	
Jaylen	Hamet	M	6	Unattached	
Emily	Lanzano	F	6	Mountain Lions	
August	Powell	M	6	Mountain Lions	

9:08AM HEAT 2

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Matias	Centeno	M	7	Mountain Lions	
Emory	Clark	F	7	Mountain Lions	
Sachi	Hopkins	M	7	T.E.A.M Boulder	
Frida	Marie	F	7	Mountain Lions	
Leo	Pappas	M	7	Mountain Lions	
Eleanor	Betts	F	8	Mountain Lions	
Olive	Cohen-Shapiro	F	8	Mountain Lions	
Thor	Gimpel	M	8	Mountain Lions	
Grace	Powell	F	8	Mountain Lions	
Brynn	Roth	F	8	Mountain Lions	
Jasper	Saddoris	M	8	T.E.A.M Boulder	
Eliza	Weinstein	F	8	Mountain Lions	

9:16AM HEAT 3

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Sage	Idema	F	8	Mountain Lions	
Santiago	Centeno	M	9	Mountain Lions	
Drake	Clark	M	9	Mountain Lions	
Hudson	Gossin	M	9	Mountain Lions	
Parker	Koopman	M	9	Boulder Country Day	
Raelynn	Pickering	F	9	Mountain Lions	
Avery	Roth	F	10	Mountain Lions	
Kali	Gudgeon	F	11	Mountain Lions	

Alex	Koopman	M	11	Boulder Country Day	
Gaige	Franklin	M	11	Scott Elementary School	0:10:00
Jayden	Printz	M	11	Scott Elementary School	0:10:00

9:24AM HEAT 4

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Ariah	Dougherty	F	10	Scott Elementary School	0:06:15
Siti	Babu	F	11	Scott Elementary School	0:06:18
Brynlee	Halsey	F	11	Scott Elementary School	0:06:20
Emery	Fullmer	F	6	Mountain Lions	0:07:00
Malyki	Garihan	M	10	Scott Elementary School	0:07:00
Sebastian	Taub	M	8	Mountain Lions	0:07:00
Navaya	Ortiz	F	10	Scott Elementary School	0:07:40
Leo	Crisel	M	11	Scott Elementary School	0:08:00
Esparanza	Rodriguez	F	11	Scott Elementary School	0:08:00

9:32AM HEAT 5

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Taylor	Scott	F	5	Mountain Lions	0:04:57
Sonia	Estrada Chavez	F	11	Scott Elementary School	0:05:00
Beckett	Gray	M	7	Mountain Lions	0:05:00
Oberon	Hassin	M	5	Mountain Lions	0:05:00
Hadley	Ross	F	9	Mountain Lions	0:05:00
Tallulah	Ross	F	7	Mountain Lions	0:05:00
Allyson	Whitfield	F	11	Elevated Distance Training	0:05:00
Willa	Botting	F	5	Mountain Lions	0:05:20
Liliana	Vallejo Martinez	F	11	Scott Elementary School	0:05:30
Leigh	Martinez	F	9	Scott Elementary School	0:05:40
Damian	Mena	M	11	Scott Elementary School	0:05:55
Deva	Conbeer	F	5	Mountain Lions	0:06:00
Clyde	Stelzer	M	8	Mountain Lions	0:06:00

9:40AM HEAT 6

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Asher	Gaal	M	9	Elevated Distance Training	0:04:16
Emmett	Emmanuel	M	7	Mountain Lions	0:04:17
Tenzey	Schneider	F	6	Mountain Lions	0:04:20
Jeffry	Solis Ailon	M	12	Scott Elementary School	0:04:25
Lucas	Botting	M	7	Mountain Lions	0:04:30
Calvin	Heim	M	6	Mountain Lions	0:04:30
Sam	Hess	M	8	Mountain Lions	0:04:30
Kim	Perales	F	49	Unattached	0:04:30
Nadia	Villalobos	F	11	Scott Elementary School	0:04:30

9:46AM HEAT 7

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Caden	Clough	M	11	Mountain Lions	0:04:04
Reese	Meisheid	F	10	Elevated Distance Training	0:04:04
Dewey	Ross	M	11	Mountain Lions	0:04:04
Julian	Haseloh	M	9	Mountain Lions	0:04:07
Ziggy	Lawson	M	12	Boulder Country Day	0:04:07
Gibson	Lesyinski	M	7	Elevated Distance Training	0:04:09
Antoine	Currier	M	11	Scott Elementary School	0:04:10
Sejal	Iyengar	F	8	Boulder Mountain Warriors	0:04:10
Kaya	Koudelkova	F	7	Boulder Mountain Warriors	0:04:10
Zelda	Leupold	F	9	Unattached	0:04:10
Sara	Rincon	F	11	Scott Elementary School	0:04:10
Meyer	Appling	F	9	Mountain Lions	0:04:13
Maria	Delgado Castro	F	11	Scott Elementary School	0:04:15
James	Kourey	M	8	Elevated Distance Training	0:04:15

9:52AM HEAT 8

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Davis	Archer	M	11	Mountain Lions	0:03:56
Claire	Allen	F	10	Boulder Mountain Warriors	0:03:59
Declan	Simkins	M	9	Rock Creek Track Club	0:03:59
Graham	Beezley	M	8	Boulder Mountain Warriors	0:04:00
Maya	Curiel	F	10	Elevated Distance Training	0:04:00
Joseph	Greene	M	9	Team Greene	0:04:00
Nicholas	Greene	M	7	Team Greene	0:04:00
Jackson	Hermele	M	8	Mountain Lions	0:04:00
Angel	Jacinto Benzor	M	11	Scott Elementary School	0:04:00
Sullivan	Mendez	M	6	Boulder Mountain Warriors	0:04:00
Matwos	Yezaw Legaw	M	10	Scott Elementary School	0:04:00

9:58AM HEAT 9

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Luca	Severns	M	7	Mountain Lions	0:03:46
Ezra	Skaug	M	6	Mountain Lions	0:03:47
Niccolo	Raffini	M	7	Mountain Lions	0:03:49
Sena	Anderson	F	8	Mountain Lions	0:03:50
Acton	Burnett	M	7	Mountain Lions	0:03:50
Lily	Cross	F	12	Boulder Mountain Warriors	0:03:50
Luc	Daenzer	M	9	Mountain Lions	0:03:50
Logan	Tapia	M	10	Scott Elementary School	0:03:50
Henry	South	M	6	Mountain Lions	0:03:52
Siena	Scott	F	6	Mountain Lions	0:03:53
George	Enos	M	8	Mountain Lions	0:03:55

Nate	Franco	M	10	Scott Elementary School	0:03:55
Julian	Wood	M	8	Mountain Lions	0:03:55

10:04AM HEAT 10

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Colby	Butler	M	30	Scott Elementary School	
Monica	Vasquez	F	27	Scott Elementary School	
Raegan	Berry	F	8	Mountain Lions	0:03:40
Luca	Cherian	M	10	Unattached	0:03:40
Devon	DiBiase	F	9	Boulder Mountain Warriors	0:03:40
Damian	Hunnicutt	M	8	Mountain Lions	0:03:40
Grace	Neal	F	13	Elevated Distance Training	0:03:40
Savannah	Robertson	F	7	Mountain Lions	0:03:40
Christina	Schleicher	F	29	Scott Elementary School	0:03:40
Azora	Lawson	F	11	Boulder Country Day	0:03:44
Jennifer	Collins	F	12	Scott Elementary School	0:03:45
Peter	Leupold	M	7	Mountain Lions	0:03:45
William	Ruby	M	10	Elevated Distance Training	0:03:45
Julia	Suh	F	10	Elevated Distance Training	0:03:45

10:09AM HEAT 11

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Emmalyn	Fox	F	10	Elevated Distance Training	0:03:22
Hudson	Anderson	M	8	Mountain Lions	0:03:23
Pitt	Bailey	M	9	Boulder Country Day	0:03:24
Dashel	Bear	M	8	Boulder Mountain Warriors	0:03:30
Grant	Evans	M	11	Mountain Lions	0:03:30
Willa	Gately	F	8	Boulder Country Day	0:03:30
Alexandra	Warth	F	11	Elevated Distance Training	0:03:30
Raze	O'Brien	F	9	Mountain Lions	0:03:35
Poppy	Ryder	F	9	Elevated Distance Training	0:03:35
Yara	Fahed	F	13	Elevated Distance Training	0:03:37
Lily	Mardelle	F	11	Mountain Lions	0:03:38

10:14AM HEAT 12

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Harrison	Anderson	M	9	Mountain Lions	0:03:12
Declan	McGuire	M	10	Mountain Lions	0:03:12
Charles	Friesen	M	10	Mountain Lions	0:03:13
Barrett	Donaho	M	10	Unattached	0:03:14
Hardy	Donaho	M	7	Unattached	0:03:14
Kendall	Lange	F	10	Elevated Distance Training	0:03:14
Kaisei	Anderson	M	10	Mountain Lions	0:03:15
Gareth	Coville	M	10	Boulder Mountain Warriors	0:03:15

Ellie	Cross	F	11	Boulder Mountain Warriors	0:03:15
Jeannie Scarlet	Freis	F	54	Rise Athletics Boulder	0:03:15
Cora	Beauchamp	F	9	Mountain Lions	0:03:16
Caden	Glotzbach	M	10	Elevated Distance Training	0:03:18
Oliver	Brumfield	M	10	T.E.A.M Boulder	0:03:20
Hikaru	Schibli	M	12	Unattached	0:03:20

10:19AM HEAT 13

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Sam	Johnson	M	10	Mountain Lions	0:03:00
Toben	Schneider	M	8	Mountain Lions	0:03:00
Harper	Snively	F	12	Boulder Mountain Warriors	0:03:00
Neesy	Tarricone	F	12	Elevated Distance Training	0:03:00
Graham	Whitmore	M	8	Elevated Distance Training	0:03:00
Grace	Goehring	F	13	Elevated Distance Training	0:03:01
Nicholas	Preedom	M	12	Elevated Distance Training	0:03:01
Griffyn	Joy	M	9	Mountain Lions	0:03:03
Grant	Master	M	11	Boulder Mountain Warriors	0:03:03
Caleb	Meisheid	M	8	Elevated Distance Training	0:03:04
Simon	Koudelka	M	10	Boulder Mountain Warriors	0:03:05
Layla	Benedict	F	8	T.E.A.M Boulder	0:03:10
Harper	Emaus	F	10	Mountain Lions	0:03:10
Avi	Iyengar	M	7	Boulder Mountain Warriors	0:03:10
Lily	Reite	F	11	Elevated Distance Training	0:03:10

10:24AM HEAT 14

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Liam	Carlson	M	11	Elevated Distance Training	0:02:41
Colton	Glotzbach	M	12	Elevated Distance Training	0:02:42
Ephie	Hagen	F	13	REAL Training	0:02:42
Lyla	Vincent	F	11	Boulder Mountain Warriors	0:02:42
Ezra	Zelaya	M	10	Boulder Mountain Warriors	0:02:43
Grant	Scrivner	M	14	Elevated Distance Training	0:02:44
Shane	Tate	M	9	Elevated Distance Training	0:02:45
Kian	Schneider	M	10	Mountain Lions	0:02:48
Will	Basson	M	12	Elevated Distance Training	0:02:50
Ryan	Pollard	M	11	Elevated Distance Training	0:02:50
Kaylee	Tate	F	12	Elevated Distance Training	0:02:50
Luke	Robertson	M	10	Mountain Lions	0:02:51
Joshua	Suh	M	12	Elevated Distance Training	0:02:55
Griffin	Osborn	M	14	Elevated Distance Training	0:02:56
Sylas	Benedict	M	10	T.E.A.M Boulder	0:02:57

10:29AM HEAT 15

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Quinn	Geer	M	14	Unattached	0:02:30
Andrew	Lawrence	M	30	Unattached	0:02:30
Thomas	Shaw	M	14	REAL Training	0:02:30
Gabe	Meisheid	M	13	Elevated Distance Training	0:02:32
Tristan	Wilberger	M	14	Boulder Mountain Warriors	0:02:32
Alexis	Fischer	F	14	Elevated Distance Training	0:02:34
Bridger	Borsheim	M	15	Elevated Distance Training	0:02:35
Benji	Gaal	M	12	Elevated Distance Training	0:02:35
Mckenna	Groen	F	13	Elevated Distance Training	0:02:35
Rainer	Young	M	8	Boulder Mountain Warriors	0:02:38
Lucy	Davis	F	13	REAL Training	0:02:39
James	Gilbert	M	61	Boulder Road Runners	0:02:39
Gabriel	Dell'Era	M	11	Boulder Mountain Warriors	0:02:40
Tereza	Koudelkova	F	12	Boulder Mountain Warriors	0:02:40

10:34AM HEAT 16

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Charlie	Geisler	M	19	Unattached	0:02:00
Sam	Werner	M	27	Good Boys Denver	0:02:04
Frank	Zoldak	M	57	Boulder Road Runners	0:02:05
Chris	McDonald	M	55	Boulder Road Runners	0:02:08
Jaxson	Schneider	M	27	Unattached	0:02:12
Dewayne	Gill	M	53	Boulder Road Runners	0:02:13
Mikey	Gaal	M	14	Elevated Distance Training	0:02:15
Richard	Williams	M	32	Unattached	0:02:15
Zachary	King	M	14	REAL Training	0:02:20
Natalia	Roacho	F	23	Unattached	0:02:20
Ian	Lowry	M	14	Boulder Mountain Warriors	0:02:23
Alex	Mahan	M	14	Boulder Mountain Warriors	0:02:25
Aubrie	Nicholas	F	19	Metropolitan State University	0:02:25
Madison	Lange	F	12	Elevated Distance Training	0:02:29

1500M**10:40AM HEAT 1**

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Santiago	Centeno	M	9	Mountain Lions	
Miles	Cerny	M	8	Mountain Lions	
Sachi	Hopkins	M	7	T.E.A.M Boulder	
Angeline	Keane	F	8	Unattached	
Alex	Koopman	M	11	Boulder Country Day	
Daisy	Mardelle	F	9	Mountain Lions	
Jasper	Saddoris	M	8	T.E.A.M Boulder	

Graham	Beezley	M	8	Boulder Mountain Warriors	0:09:00
Kyle	Biazak	M	11	Boulder Country Day	0:09:00
Beckett	Gray	M	7	Mountain Lions	0:10:00

10:55AM HEAT 2

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Grace	Neal	F	13	Elevated Distance Training	0:07:35
Maddie	Gurst	F	9	Mountain Lions	0:07:37
Brendan Blaze	Keane	M	10	Rocky's Running Club	0:07:45
Declan	Whitmore	M	10	Elevated Distance Training	0:07:45
Jason	Lange	M	50	Unattached	0:07:55
Brent	Meisheid	M	41	Unattached	0:07:55
Loch	Bow	M	8	Elevated Distance Training	0:08:00
Yara	Fahed	F	13	Elevated Distance Training	0:08:00
Julia	Suh	F	10	Elevated Distance Training	0:08:00
Ziggy	Lawson	M	12	Boulder Country Day	0:08:48

11:05AM HEAT 3

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Katherine	Koch	F	31	Unattached	0:07:00
George	Mannhard	M	7	Mountain Lions	0:07:00
Declan	McGuire	M	10	Mountain Lions	0:07:02
Rick	Cross	M	53	Boulder Mountain Warriors	0:07:05
Graham	Whitmore	M	8	Elevated Distance Training	0:07:10
Hudson	Gossin	M	9	Mountain Lions	0:07:13
Poppy	Ryder	F	9	Elevated Distance Training	0:07:20
Azora	Lawson	F	11	Boulder Country Day	0:07:21
William	Ruby	M	10	Elevated Distance Training	0:07:24
Matthew	Borsheim	M	46	Unattached	0:07:25
Lily	Reite	F	11	Elevated Distance Training	0:07:25
Michael	Gaal	M	44	Elevated Distance Training	0:07:30

11:14AM HEAT 4

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Rolan	Gilfanov	M	9	Boulder Mountain Warriors	0:06:30
Caden	Glotzbach	M	10	Elevated Distance Training	0:06:32
Joshua	Suh	M	12	Elevated Distance Training	0:06:35
Layla	Benedict	F	8	T.E.A.M Boulder	0:06:40
Liam	Stevens	M	11	Elevated Distance Training	0:06:42
Huxley	Armitage	M	11	Mountain Lions	0:06:45
Rose	Mannhard	F	10	Mountain Lions	0:06:45
Alexandra	Warth	F	11	Elevated Distance Training	0:06:49
Anna	Timm	F	10	Mountain Lions	0:06:50
Lily	Cross	F	12	Boulder Mountain Warriors	0:06:52

Grant	Evans	M	11	Mountain Lions	0:06:55
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11:22AM HEAT 5

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Tristan	Schildt	M	12	Altona Rattlers	0:06:15
Taavi	Zirbel	M	10	T.E.A.M Boulder	0:06:15
Toben	Schneider	M	8	Mountain Lions	0:06:16
Aksel	Alderfer	M	9	Coal Creek Running Club	0:06:20
Miles	Gately	M	12	Boulder Country Day	0:06:20
Jude	Geer	M	10	Mountain Lions	0:06:20
Ryan	Pollard	M	11	Elevated Distance Training	0:06:20
Jonathan	Zizzo	M	11	Mountain Lions	0:06:22
Addison	Borsheim	F	13	Elevated Distance Training	0:06:25
Neesy	Tarricone	F	12	Elevated Distance Training	0:06:25
Ellie	Cross	F	11	Boulder Mountain Warriors	0:06:27
Kendall	Lange	F	10	Elevated Distance Training	0:06:27
Reid	Scrivner	M	12	Elevated Distance Training	0:06:27

11:30AM HEAT 6

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Bridger	Borsheim	M	15	Elevated Distance Training	0:05:45
KC	McQuaid	F	25	Unattached	0:05:45
Kaylee	Tate	F	12	Elevated Distance Training	0:05:50
Ezra	Zelaya	M	10	Boulder Mountain Warriors	0:05:53
Ruslan	Gilfanov	M	40	Unattached	0:05:58
Sylas	Benedict	M	10	T.E.A.M Boulder	0:05:59
Alex	Dietrich	F	44	Team Greene	0:06:00
Tad	Enos	M	11	Mountain Lions	0:06:04
Caleb	Meisheid	M	8	Elevated Distance Training	0:06:05
Brett	Stevens	M	41	Unattached	0:06:07
Teiva	Auligne	M	10	Mountain Lions	0:06:09
Austin	Ingersoll	M	13	Elevated Distance Training	0:06:11
Aaron	Ladd	M	40	Boulder Mountain Warriors	0:06:11
Lucy	Ladd	F	10	Boulder Mountain Warriors	0:06:11

11:38AM HEAT 7

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Liam	Carlson	M	11	Elevated Distance Training	0:05:20
Emily	Bolda	F	12	REAL Training	0:05:30
Colton	Glotzbach	M	12	Elevated Distance Training	0:05:30
Michael	Greene	M	45	Team Greene	0:05:30
Charlotte	Repsner	F	13	REAL Training	0:05:30
Gabe	Meisheid	M	13	Elevated Distance Training	0:05:33
Savannah	Fernandez	F	12	REAL Training	0:05:34

Alexis	Fischer	F	14	Elevated Distance Training	0:05:35
Brandon	Hays	M	13	Elevated Distance Training	0:05:35
Will	Basson	M	12	Elevated Distance Training	0:05:40
Nina	Carson	F	34	Good Boys Denver	0:05:40
Hannah	Goldberg - Butler	F	14	Elevated Distance Training	0:05:40
Grant	Scrivner	M	14	Elevated Distance Training	0:05:40
Shane	Tate	M	9	Elevated Distance Training	0:05:40
Marat	Gilfanov	M	12	Boulder Mountain Warriors	0:05:44

11:45AM HEAT 8

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Madison	Brosig	F	19	Unattached	0:05:05
Reese	Latta	F	13	F5 Distance	0:05:05
Olivia	Sargent	F	18	Unattached	0:05:05
Alex	Mahan	M	14	Boulder Mountain Warriors	0:05:09
Noah	Wratten	M	10	Boulder Mountain Warriors	0:05:09
Derek	Wood	M	33	Rocky Mountain Runners	0:05:10
Shaka	Young	M	11	Boulder Mountain Warriors	0:05:16
Ephie	Hagen	F	13	REAL Training	0:05:19
Gabriel	Dell'Era	M	11	Boulder Mountain Warriors	0:05:20
Daisuke	Osawa	M	32	Unattached	0:05:20
Kevin	Rowe	M	39	Revolution Running	0:05:20
Quentin	Verliefde	M	8	Boulder Mountain Warriors	0:05:25

11:52AM HEAT 9

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Elin	Latta	F	14	F5 Distance	0:04:35
Nate	Llerandi	M	55	Unattached	0:04:39
Mark	Saunders	M	48	Fort Collins Running Club	0:04:47
Sham	Tewelde	M	14	Boulder Mountain Warriors	0:04:47
Iris	Latta	F	14	F5 Distance	0:04:50
Remy	Latta	F	13	F5 Distance	0:04:55
Ian	Lowry	M	14	Boulder Mountain Warriors	0:04:57
Tyler	Emdur	M	14	Boulder Mountain Warriors	0:04:58
Kate	Davis	F	42	T.E.A.M Boulder	0:04:59
Madison	Lange	F	12	Elevated Distance Training	0:04:59
Todd	Berger	M	48	Unattached	0:05:00
Charles	Garabedian	M	41	RunBoulder	0:05:00
Mckenna	Groen	F	13	Elevated Distance Training	0:05:00
Eli	Wendling	M	14	Elevated Distance Training	0:05:00

11:59AM HEAT 10

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Cayce	Reese	M	24	SockMoose	0:03:55
Jonathan	Duran	M	24	Unattached	0:04:01
Jordan	Duran	M	24	Unattached	0:04:01
Frank	Zoldak	M	57	Boulder Road Runners	0:04:05
Kyle	Briggs	M	19	Unattached	0:04:08
Evan	Dann	M	14	Unattached	0:04:16
Wyatt	Dann	M	14	Unattached	0:04:23
Nick	Bonn	M	18	Unattached	0:04:25
Charlie	Geisler	M	19	Unattached	0:04:25
Sam	Werner	M	27	Good Boys Denver	0:04:25
Jaxson	Schneider	M	27	Unattached	0:04:30
Fred	Shattell	M	34	Unattached	0:04:30

5000M**12:10PM HEAT 1**

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Cameron	Manes	F	24	Unattached	0:18:00
Chris	McDonald	M	55	Boulder Road Runners	0:18:00
Rocky	Richtman	F	21	Unattached	0:18:00
Olivia	Ebenstein	F	20	University of Denver Triathlon Team	0:18:30
Kaley	Fergus	F	19	Unattached	0:18:32
Tim	Geldean	M	55	REAL Training	0:18:59
Tom	Benedict	M	38	T.E.A.M Boulder	0:19:00
Mathew	Hamet	M	37	Unattached	0:19:15
David	Crowe	M	60	Colorado Racing Club	0:19:30
Ellie	Lansdown	F	19	Unattached	0:19:40
Gavin	Caccavale-Brown	M	28	Unattached	0:19:55
Jon	Teisher	M	48	Square State Striders	0:19:59
Brian	Glotzbach	M	48	Elevated Distance Training	0:20:00
Jason	Kaminski	M	54	Unattached	0:22:00
Lesia	Atkinson	F	58	Boulder Road Runners	0:23:30
Rich	Sandoval	M	70	Athletics Boulder	0:23:30
Eliot	Auligne	M	13	Unattached	0:25:00
Quinn	Geer	M	14	Unattached	0:25:00
Melissa	Langworthy	F	44	Unattached	0:25:00
David	Dougherty	M	59	Unattached	0:28:30
Claudia	Galicia	F	38	T.E.A.M Boulder	

12:40PM HEAT 2

FIRST NAME	LAST NAME	GENDER	AGE	CLUB	SEED TIME
Cayce	Reese	M	24	SockMoose	0:15:00
Pablo	Lomeli	M	20	Unattached	0:15:50

Noel	Lopez	M	22	Unattached	0:15:50
Blake	Ohlson	M	22	Unattached	0:15:50
Frank	Zoldak	M	57	Boulder Road Runners	0:15:50
Matt	Campos	M	18	Mountain Lions	0:16:00
Daniel	Connelly	M	27	Unattached	0:16:00
Peter	Harrison	M	20	Unattached	0:16:00
Austen	Hughes	M	31	Rise Athletics Boulder	0:16:00
William	Parsons	M	21	UCCS	0:16:00
Shota	Yabuuchi	M	21	Unattached	0:16:00
Andrew	Weinstein	M	33	Unattached	0:16:10
Ben	Fulton	M	35	Red Cedar Running club	0:16:20
Michael	Reese	M	30	Unattached	0:16:20
Tyler	Jamieson	M	19	Unattached	0:16:30
Fred	Shattell	M	34	Unattached	0:16:30
Daniel	Craighead	M	34	Unattached	0:16:40
Maïra	Carreau	F	21	Unattached	0:17:00