

**BOULDER XC SERIES MEET 1
10/14/2023**

**Valmont City Park
5110 Valmont Rd, Boulder, CO 80301**

BOULDER XC SERIES MEET 1 - RACE DAY INFORMATION

Some important information you need to know about your upcoming race.

LOCATION

Valmont City Park

[5110 Valmont Rd, Boulder, CO 80301](https://www.bouldercolorado.gov/5110-Valmont-Rd-Boulder-CO-80301)

CAR PARKING

Parking is available on Airport Road, Sterling Drive and Valmont Bike Park. They are all close to the XC race area.

RACE NUMBER PICK UP

Will be available from **8:00am** from the administration site (T.E.A.M Boulder tent) which will be near the start line. We kindly ask that you pick up your race number at least 20 - 30 minutes before your scheduled race time start.

START LINE

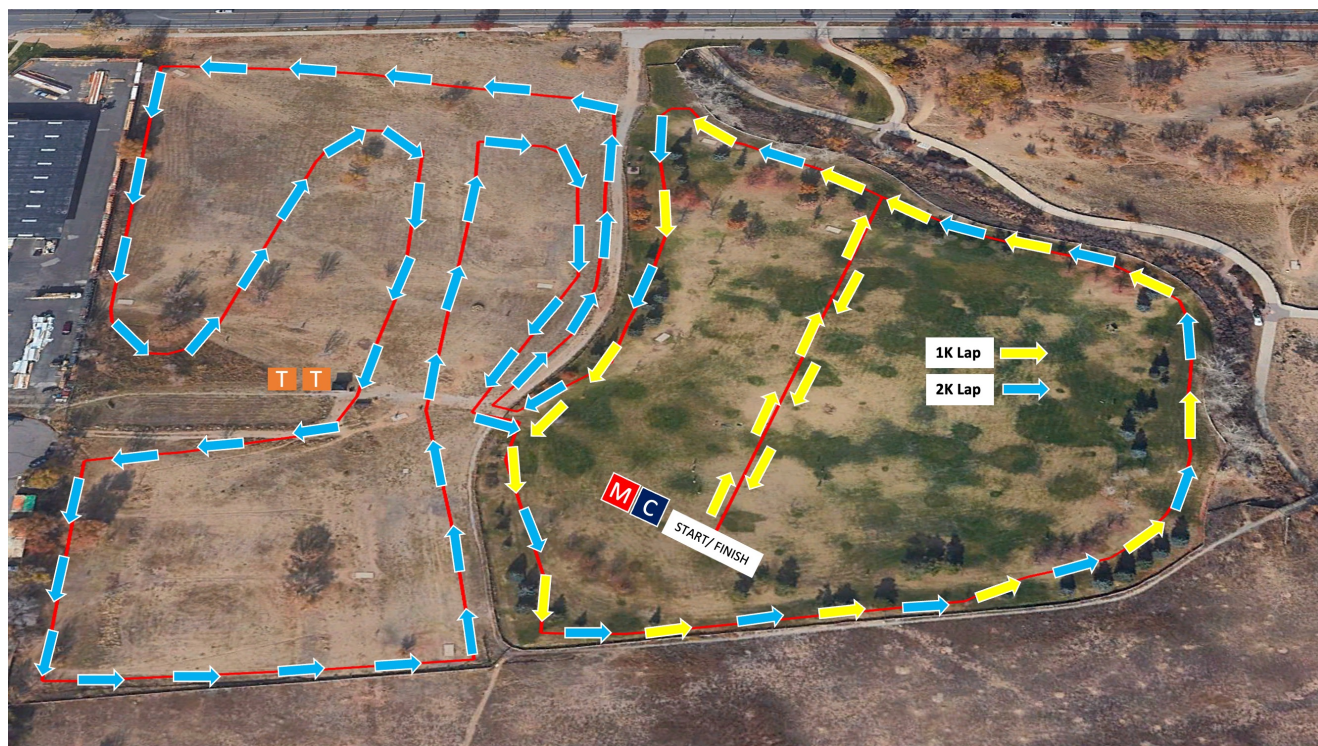
The Start Line is at the South end of Valmont City Park. (See Map)

RACE START TIMES

9:00AM - 10 years & under - 1K

9:15AM - 15 years & under - 3K (1K loop + 2K loop)

9:45AM - Community - 5K (1K loop + 2 x 2K loops)



RACE NUMBER

Please make sure that your race number is affixed to the front of your shirt, and it is clearly visible.

RACE BRIEFING

There will be a call for all runners to be at the start line roughly 5 minutes before the start of their respective race time.

FINISH LINE

The Finish Line is where the Start Line is.

RACE START/ FINISH AREA

Only those that are racing, are permitted around the Start/ Finish line area. This area must be always kept clear to help for timing and marshalling athletes before and after their races.

COURSE FLAGGING

The course will be marked with these blue flags, and runners must run between them.

**TOILETS**

There will be 2 Porta-lets on the West Side of the Start/ Finish line area.

HEADPHONES

Headphones are allowed but please make sure you are aware of your surroundings and always listening to important information that could be coming from one of our marshals or volunteers. Again, your safety is important to us.

FIRST AID

Chris Wentz from Event Medical Specialists, LLC will be on-site as our EMT and to provide our First Aid and Medical.

CLOTHING

Please make sure you have adequate attire for the event. The weather is currently predicted with a low of 31F and a high of 57F.

BAD WEATHER

In the unlikely event that we have bad weather such as lightning, a decision will be made whether the event will be delayed or stopped. Your safety is paramount, and the weather can turn bad very quickly!

RACE EVENT SPECTATORS

All spectators must stay off the marked XC course.

NO ANIMALS ALLOWED

There are NO dogs allowed in the race or on the course.

VOLUNTEERS/ MARSHALS

10 - 15 volunteers that have given up their time to help make this event possible. Please show your appreciation by being always courteous and please adhere to any information they may be trying to give you.

TIMING

All races will be electronically timed by Runners Roost Race Services.

RESULTS

Results will be available immediately after the race and can be found - [HERE](#).

I look forward to seeing you on Saturday.

Race Director

Lee Troop

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