

## Alejandro Ambrosio - 1500m/ 5,000m

### Personal Information -

- DOB: 07/25/1997
- Hometown: San Lorenzo Vista Hermosa, Oaxaca, Mexico
- University: Cal Poly Pomona University
- Degree: Administration
- Current Employment: Independent Contractor

### Road PRs -

- 5km: 14:16
- 10km: 29:29
- 10M: 48:09
- 1/2M: 1:04.20

### Track PRs -

- 1500m: 3:45.95
- 1-mile: 4:02.24
- 3000m: 8:28.92
- 5,000m: 13:56.94
- 10,000m: 30:01.65

### Notable Achievements -

- 2022 Boulderthon 1/2M - 1<sup>st</sup> place
- 2020 CCAA All-Star Team Track and Field
- 2019 USTFCCCA All-West Region 1500

### Running Goals -

- Represent Mexico Internationally.
- Become a medal contender at World and Olympic Championships.

