

## Samuel Lanternier – Marathon

### Personal Information -

- DOB: 4/14/1997
- Hometown: Hampstead, NH
- University: University of New Hampshire
- Degree: Civil Engineering
- Current Employment: Drainage Engineer

### Road PRs -

- 10km: 30:51
- 10M: 49:53
- 1/2M: 1:06.02
- Marathon: 2:19.51

### Track PRs -

- 800m: 1:54.61
- 1500m: 3:54.97
- 3,000m: 8:46.49

### Notable Achievements -

- 4 x All-America East Conference
- 2023 USATF 10M Championships – 13<sup>th</sup> place
- 2023 Eugene Half Marathon – 5<sup>th</sup> place
- 2022 Eugene Half Marathon – 4<sup>th</sup> place

### Running Goals -

- Qualify for 2024 Olympic Marathon Trials.
- Finish top 10 at a USATF championship race.
- Represent Team USA at an International competition.

